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Tuesday 12 June

Newsletter No. 9

Tuesday 19 June Wednesday 20 June Thursday 21 June Tuesday 26 June Friday 20 July Friday 3 August Weds 8 - Fri 10 August 3.00pm Secondhand Bomber Jacket Sale – Uniform Shop Years 3 & 4 Hooptime, Maroondah

Northern Star Chess Tournament, Kangaroo Ground Special Lunch Day

Interschool Sport RPS vs St Thomas - away

2.15pm PFC Meeting, PFC Room

Years 3 & 4 Camp to Camp Weekaway





# **2019 ENROLMENTS**

If you have a prep starting in 2019 can you please submit your enrolment forms as soon as possible. Our 2019 planning has started, and accurate projections will allow for greater flexibility when making decisions around staffing and class structure. Thank you, Ms Vale

#### PRINCIPAL REPORT

Dear Parents,

I trust that you all had a nice long weekend. What a lovely little bonus at this time of year! It is amazing what a recharge can do for us, and it was exactly what I needed as we approach the last two weeks of term 2. Where has this year gone?

On this note, we have been talking a lot about self-care and wellbeing this last few weeks, for both ourselves and our students. We are better parents and educators when we are on our 'A-games' but as we know, the hustle and bustle of life makes this tricky. **Take time out for yourselves if you can - you deserve it.** And while I am on the topic of you, thank you for working so well with us to support the kids. I really feel that we are very collegiate as a community and despite there being challenges at times, we are able to problem solve together to work out a solution that works for everyone. Thank you! You are all doing a wonderful job.

The building project documentation was in 'draft' format last week, so while I was waiting for feedback, I was able to have a bit more time in the classrooms checking out the wonderful learning that happens in our classrooms. It makes me so happy to see the curiosity, excitement and passion for learning that our students have, and the way in which we are able to transfer it into teaching essential literacy and numeracy skills. Although I love my role as a Principal, being a teacher will forever remain my favourite role ever.

In terms of the building project, the documentation has been endorsed by school council and I have sent it through to the department to review and determine what the next step will be. I will keep you updated as I get more information, but I am told that the next step is to appoint an architect. Watch this space.

Our enrolments for 2019 are starting to come in which is very exciting. Can I please put a call out now for any families who have little siblings starting in 2019. Please get your enrolment forms into us as soon as possible. This will help me to start the planning around class structures and staffing (already - I know! It is crazy).

CAR PARK SAFETY - The staff carpark is not for parent parking or a drop off zone for students. Please park in the parents parking to the left of the entrance, up at the top parking area or the overflow parking area behind the canteen / gym (please reverse into the parking spaces). Also please ensure you use the correct entry and exit driveways.

Finally, as suggested by some of our school councillors, we are trying to share some information to those interested parties on research based educational theories. Given that there is a theme of wellbeing in this newsletter, I thought it appropriate to discuss the link between student wellbeing and student learning. Children come into school environments with a range of different circumstances ranging from medical issues, psychological issues, learning difficulties and family breakdowns, to police matters just to name a few. Pretty hard to stomach when you consider that these little people really had nothing to do with it. That's why it is important that as teachers, we understand trauma informed teaching practice and are equipped with a toolbox of strategies to support all children regardless of circumstances. We set up individual learning plans, modify curriculum programs, give parents access to a range of external services including psychologists and speech pathologists, and provide information on all external services in the community. We teach understanding in the curriculum and facilitate mediations and reflections as part of restorative practices. This just touches the surface. If you are interested there are excellent resources on the internet on, the Berry Street trauma informed teaching model and the Kidsmatter program.

I look forward to seeing you out and about in the yard. Ms Vale

#### **VALUES AWARDS**

Congratulations to our Values Awards winners, which reflect our RPS Values of Respect, Excellence, Sense of Fun, Equality, Achievement, Resilience, Co-operation and Honesty.

Sota N PB Josette M PB Jesse H 56K Amelie M 56K

Will E 56W Ella S 34H

Japanese: Annika S 56W

# **IVY REYNOLDS**

When Ivy Reynold's family came to assembly a couple of weeks ago, to share some stories and unveil the memorial plaque, they presented us with a flower to plant in Ivy's name. Students planted the flower last week.



# **SPORTS & PE NEWS**

# INTERSCHOOL SPORT

Interschool sport has finished for this term. Could all players please return their washed sports tops to Mr O'Halloran by Monday 18 June

#### PARENTS & FRIENDS COMMUNITY (PFC)

Thank you for your contributions to the Spare Change Spectacular, we raised a huge \$640.75. With 40% of families contributing, imagine how much we could raise if 80% contributed!! Thank you so much.

Thank you to everyone who attended our last PFC meeting. Please consider attending our meetings. We provide 'real' coffee and homemade cakes as well as lots of laughs and friendly discussions. It's a great way to get to know what is happening in the school and meeting other parents. Small children are welcome and there are toys for them play with. Our next meeting is Friday 3<sup>rd</sup> August at 2.15pm in the PFC room in the middle school corridor. Please add this to your calendar.

Also, please remember to add your ideas to our fundraising poster in the foyer by the school office. All ideas welcome, big or small and you never know what can be achieved unless you ask ©

#### SPECIAL LUNCH

We will be holding a special lunch on Tuesday 26 June - woo hoo. Order forms will come home tomorrow and need to be returned to school, with the correct money, by Monday 18 June at the lastest. This is a strict deadline.

#### **ENTERTAINMENT BOOK**

Once again the PFC is offering the Entertainment Book at the very good value of \$70 each. The Entertainment Book is full of discount vouchers for local restaurants, as well as venues and activities around Melbourne and Victoria and valid until June 2019. Payments **are processed online** and can be ordered via this link <a href="https://www.entbook.com.au/188r741">www.entbook.com.au/188r741</a> The entertainment book is available as digital or hard copy.

**Aristea** 

#### **CANTEEN ROSTER & NEWS**

Dear Parents,

Help required for Friday 22 June - all shifts

The children really enjoy seeing their parents (or even their grandparent) at school during the day **and** your own child/children will receive one free treat from the canteen when you or a family member are on duty. **Note:** That new volunteers will be rostered on with someone who is familiar with the duties.

Please send a message to Jacqui Robinson (0414 362 275) or contact the office. In the message, you will need to indicate your availability. Thanks again for your continual support.

A request for Term 3 helpers will be sent home shortly, please start considering any days you may be available.

**RPS Parents and Friends Community** 

#### **CANTEEN ROSTER**

Date	Time	Name
15 June	9 - 11.30am	Penny L
	11.30 - 1.50pm	Jacqui R
	11.30 - 1.50pm	Clara S
22 June	9 - 11:30am	******
	11:30 - 1:50pm	*****
	11:30 - 1:50pm	******
29 June	Canteen Closed End of Term	

# SCHOOL BANKING NEWS



#### SCHOOL BANKING

Our School Banking day is Friday.

If your child would like to join the program and open their very own bank account please go online to: <a href="https://www.commbank.com.au/personal/accounts/savings-accounts/youthsaver/apply-online.html">https://www.commbank.com.au/personal/accounts/savings-accounts/youthsaver/apply-online.html</a>

Please ensure all yellow wallets are placed into your child's classroom bank bag first thing in the morning to ensure their deposit is processed. All money should be **securely enclosed** in the Velcro pocket and deposit slips must be completed. Save from as little as 5c per week.

Claire W

#### UNIFORM NEWS

#### **BOMBER JACKETS SECONDHAND SALE**

Now that Winter is here we are holding a SECONDHAND SALE on our bomber jackets next Tuesday, 19<sup>th</sup> June in the uniform shop from 3.00pm - 4.00pm. We have plenty of stock in all sizes - see you there!

Sarah & Tomoko

# **OSHClub**

Hello everyone,

Just a friendly reminder that you can **no longer** book online 24 hours before a session. For last minute booking please call our program phone and leave a message with your child's name and class and we will ensure that they arrive safely at the program.

Have a fabulous fortnight and we look forward to seeing you down at the service soon.

Warm regards, Serren and Teresa

All families must be enrolled to attend the program and remember enrolment is free!! Please create an account online at <a href="https://www.oshclub.com.au">www.oshclub.com.au</a>, bookings and cancellations can be managed via your online account.

For on the day bookings please contact the Coordinator direct at the program.

OSHC program phone: 0427 793 936 OSHClub Head Office: 03 8564 9000

OSHC Coordinator: Serren OSHC Assistant: Teresa

\*Families can apply for Child Care Benefit and the 50% Child Care Rebate. The CCR is not means tested which means just about all working or studying parents are eligible to receive it. Enrol and book sessions through our website www.oshclub.com.au

The program is as follows:

BSC 6.28 to 10.15 (20.30 if parents don't apply or are not eligible for the 50% CCR)

ASC 7.91 to 13.13 (26.25 if parents don't apply or are not eligible for the 50% CCR)

# **COMMUNITY NEWS**

#### **WINTER SOLSTICE FESTIVAL 2018**

On Saturday 23<sup>rd</sup> June come along to Edendale Farm to celebrate the Winter Solstice Festival 2018. Tickets available at www.wintersolsticemelbourne.com.au





# **Parenting Anxious Children**

Eltham Library (Multipurpose Room) Panther Place, Eltham Monday 18th June, 6,30-8,30pm

Does your child worry, feel anxious and seem stressed at times?
Would you like to gain a greater understanding of anxiety and learn some helpful
strategies to support your child?

Learning to cope with anxiety, stress and fear, whilst a normal part of your child's development, can be deeply challenging not only for children but also for parents and the family unit as a whole.

This information session will cover:

- Understanding the role of anxiety and normal childhood development
- The signs and symptoms in your children
- Types of anxiety disorders

@nextgensportsacademy1

- What's helpful and not helpful
- Methods and strategies to support your children
- Relaxation techniques and tools, mindfulness, breathing etc.
- Where to go for more information/help

COST: \$15,00 per person

Fact sheets, practical exercises and brochures are also included.

Booking essential

For further information or to register visit <u>www.arcvic.org.au</u> call the ARCVic Office on 9830 0566 or email Skonstantas@arcvic.org.au





WELSH Antier CHOBANI Funtopia





Tennis Anyone?!

Whether you have past tennis experience, currently play, or have never played before.

Our tennis program is for you!





Mornings Evenings

1 Hour Group Sessions

Social Tennis Options FREE trial for you and a friend

www.toplinetennis.com



brayden@toplinetennis.com



Brayden 0425 831 666





# Parenting All Abilities

For mothers and fathers of children with additional needs aged 8-12 years

#### Key focus areas:

Tuesday evenings, 6.30pm - 8.30pm 24 & 31 July and 7 August 2018 (3 x 2 hour sessions)

> At Melbourne City Mission 230 Normanby Road Thornbury

Please direct all bookings and enquiries to Julie Graney at CPS on 0418 364 399 or jgraney@cps.org.au

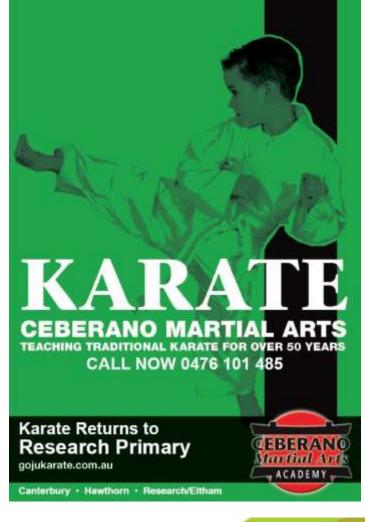
> The program is free however bookings are essential We regret that childcare cannot be provided











# **Parenting Seminar**

# Helping your **Anxious Child**

It can be difficult as a parent to watch your child struggle with anxiety. Early support can help children learn to understand their anxiety and provide some practical coping strategies to deal with challenging situations.

This practical seminar is suitable for parents with preschool or early primary school aged children who are concerned about their child's anxious behaviour. You will learn helpful ways of responding to and supporting children who experience anxiety.

# What is covered?

- · Common types of anxiety in children
- Helpful responses to children's anxiety
- What to avoid saying or doing
- · Where to go for further help



Where: healthAbility,

917 Main Road, Eltham

When: Wednesday 1 August 2018

9.30am - 11.30am

\$20 per person (\$10 for health care card holders] or \$30 per couple

### Bookings are essential

To book or for further information please contact Joan Lauricella, Family Support Worker on 9430 9100 or joan.lauricella@healthability.org.au



Inspiring people and communities to be healthier and inclusive

healthability.org.au