24 February 2023



OFFICE UPDATE

A school that values Community, Confidence, Ambition and Respect.

<u>Term 1, Week 6</u>

Monday:

Tuesday:

Canteen Open

Wednesday:

- No Preps at School
- Division Swim

Thursday:

Friday:

- 9.30am Assembly
- Yr 5 6 Cricket Gala

See last page for upcoming dates

Sunday

5 March

10am—3pm

RPS Fete Day



Phone:	9437 1917
Address:	1570 Main Road, Research, Victoria, 3095
Email:	research.ps@education.vic.gov.au
Website:	www.researchps.vic.edu.au
Compass:	https://researchps-vic.compass.education/
Social:	www.facebook.com/researchps
The Update	: Published fortnightly

SCHOOL ADMINISTRATION

Working with Children Check & Parent Guidelines

All volunteers and helpers in schools must hold a current Working with Children Check, this check is free and applications can be made via this link. https://www.workingwithchildren.vic.gov.au.

Please show your WWCC card to the school office **and** read / sign the Parent Guidelines.

Student Emergency Information

Student emergency information sheets have been sent home (lilac sheet) This sheet is compiled from the information that you have given to the school, so **please check** the details carefully, make any necessary changes and <u>return the form</u> to the school as soon as possible.

<u>Please, if there are no changes to be made, initial the emergency contact form</u> <u>and return it to school</u>

Students with Asthma will receive a new asthma plan proforma which will need completing for 2023. This will need completing and returning to the school office

Both these forms need to be updated annually as required by the Department of Education.



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CONGRATULATIONS TO OUR 2023 CAPTAINS & SEMESTER 1 SRC (Student Representative Council)

School Captain: Theo S

Vice Captain: Will McD

Community Captains: Lexi H Mia H

Nicholas S



SRC Semester 1

5/6W	Iyla C & Ben K
4/50	Baxter G & Isla McK
3/4K	Darla C & Luca S
1/2C	Lenny W & Sofia F
1/2A	Matthew J & Lillian L
1/25	Will E & Charlotte McA
Preps	Suzannah G, Levi F, Jax A, Billie Br



Canteen News

Next Canteen Dates: Countersales **Tuesday 28 February & 7 March** Lunch Orders & Countersales - **Friday 3 & 17 March**

Lunch Order Bags are **back in stock** at the school office—\$5 for 50 bags.

Gabbi Favrin, Canteen Coordinator



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The March Charge

The Murphy kids are joining mum, India, on The March Charge this year. They're aiming to walk 1,000 kilometres over the month of March to raise funds for the Cancer Council.

It's a very special cause for AJ and Maya as they have lost both grandfathers to cancer and their Dad, Rowan, is a cancer survivor. Rowan's cancer is linked to the genetic condition called Lynch Syndrome that increases your chances of getting cancer by 80% and you have an 80% chance of getting cancer again (and again) in your lifetime. Unfortunately Sammy, youngest Murphy, has also tested positive to Lynch Syndrome and will be under surveillance for the rest if his life.

"We raise funds every year to remember those that have lost their fight, celebrate those that won and to stop cancer from hurting anyone else we love"

Join the Murphy's in "Telling Cancer where to go!" and donate below.

The March Charge - Kappa's Lappas

A message from our Music Therapist, Tanya:



I am thrilled to announce that music therapy will be back at Research Primary School this year to support student mental health and wellbeing.

As an evidence-based program, I hope that music therapy can be a fun and enjoyable space for students to use music to be creative, self-express, increase their confidence, and better connect with themselves, others, and the community.

Programs are tailored to meet the needs of students while being engaging and motivating by building on their areas of interest. Some activities we have done last year included community building jam sessions, drumming groups, song writing, playlist making, rapping, and singing. And no musical skill is necessary for students to participate.

If you feel your child may benefit from engaging in music therapy or would like to know more about the program, please feel free to come chat with myself or your classroom teacher. I will be at the school one day a week on Tuesdays during 2023.

I will also be taking part in a jamming session at 11.30am with Mr Clarke (12C) at the fete on Sunday 5th March and will be happy to chat with you after our performance.

Call out for music instrument donations:

We are currently building on our music resources to use for the school's music programs. We would love for you to donate any unused instruments (big or small) to the school for student use. Your donation will help bring more opportunities for students to experience music and nurture their creativity and love for music.

Donations can be brought to the school office on a Tuesday morning. Thanking you in Advance. *Tanya*



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Need some help with cyber safety at home?

Calling parents and carers:

The internet has enabled kids to learn, share and create more easily. But it has also become a space for cybercriminals to cause trouble and steal information from others. It's vital to instil cyber secure behaviours early, so children learn how to identify cyber threats and mitigate against them.

The ACSC's *Kids Cyber Security Checklist* provides simple tips for primary school-aged children about the basic cyber security steps to stay secure online.

The ACSC's Kids Cyber Security Checklist is available at: <u>https://www.cyber.gov.au/cyber-security-kids</u>.

Use the ACSC's learning resources:

Help create a more secure online environment for children by sharing our easy-to-follow guides, including: <u>Kid's Cyber Security Checklist</u>

Cyber Security Instruction Manual: A Kid's Guide to Using the Internet Securely

Cyber Security Poster for Kids

Cyber Security colouring in sheet for Kids

What can you do?

The ACSC is encouraging Australian families to strengthen their children's cyber security online by taking the following steps:

- Turn on automatic security updates on all devices to fix weaknesses.
- Activate multi-factor authentication to add multiple layers of protection.
- Regularly back up devices to help easily restore your files in the case your device is ever hacked, lost, stolen or
- damaged.
- Use strong passphrases to secure gaming, social media and all other accounts.
- Check settings and set portable devices to require parental approval before software is installed. Parental
- controls can also be used for this purpose.
- Report and recognise scams.

Report

If you or your child receive an unusual email or message, report it. Go to <u>Scamwatch</u> and visit the ACSC's <u>ReportCyber</u>. The faster you report the scam, the quicker you can act.



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OSHC News

Holiday Program Fun!

OSHClub

Coming to Research Primary from Autumn 2023 School Holidays!

Bookings Open SOON! www.oshclub.com.au



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Social rides and events

Women's

rides





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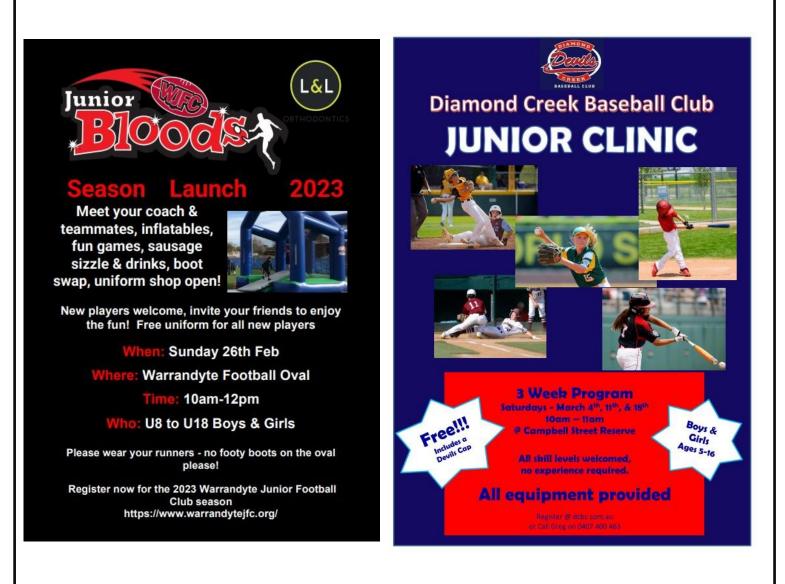


Yarra

Yarra Counselling has just opened in Research! Lauren Wallis is a qualified and registered counsellor who specialises in working with children (including pre-prep) and teenagers. Also a registered teacher, Lauren has a great understanding of the developmental and mental **Counselling** health needs of children and young people.

> Depression, sadness and depressive symptoms Anxiety Grief and loss Social and emotional issues Stress and overwhelm

Contact Lauren – 0418 846 655 or info@yarracounselling.com.au / www.yarracounselling.com.au





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Upcoming dates :

February 2023	
Friday 24th	EDPSSA Swim—WaterMarc
March 2023	
Wednesday 1st	No preps at school (for 5 Wednesdays) First full week 6th March
	Division Swim
Friday 3rd	9.30am Assembly
	Yrs 5 6 Cricket Gala
Sunday 5th	School Fete 10am—3pm
Monday 6th	Preps start full weeks at school
Monday 6th	Life Ed Van
Tuesday 7th	Life Ed Van
Wednesday 8th	Preps at school
	Life Ed Van
Thursday 9th	NESST Leadership Day
Monday 13th	Labour Day—no school
Tuesday 14th	School Council AGM & First meeting of 2023 School Council
Friday 17th	9.15am Assembly
Tuesday 21st	Yrs 5—6 SEA (Health & Human Relations) starts
Monday 27th	Year 6 National Young Leaders Day , MEC
	P-2 Mindful Monkeys Incursion
Tuesday 28th	P-2 Mindful Monkeys Incursion
	• Yrs 3—4 Swim Program starts
Thursday 30th	Parent Teacher Student Conferences—Alteration to School Day
Friday 31st	9.15am Assembly
April 2023	
Thursday 6th	Last day of Term 1 2.30pm Finish
Monday 24th	First day of Term 2
Tuesday 25th	ANZAC Day
May 2023	
Friday 19th	School Photos
Friday 26th	Curriculum Day—no students at school
August 2023	
Friday 11th	Curriculum Day—no students at school