

Stay connected...

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The week ahead...

Term 4 2026, Week 2

Monday 12 October

- Preps PMP Sessions begin

Tuesday 13 October

- Canteen countersales only

Wednesday 14 October

- Regional Athletics at Meadowglen

Thursday 15 October

•

Friday 16 October

- Year 1 / 2 Swim Program Starts
- Canteen lunch order & countersales
- Preps Pevan & Sarah Excursion
- ISS Girls Basketball Championships



Smile Squad Dental Van

Don't Forget To Give Consent!

Smile Squad requires consent from families before services can be provided to students.

Sign up to Smile Squad via this link or use the QR code:

<https://bit.ly/smilesquadvic>



Please complete a consent form for each child participating in the Smile Squad program by October 30.

Term 4 School Assembly Dates

Week 4 Thursday 29 October 9:15am	• Ms Watts/Mrs Glembin • 'Student of the Week' Awards • Class in the Spotlight - 1 / 2 K
Week 6 Thursday 12 November 9:15am	• Ms Vale • 'Student of the Week' Awards • Class in the spotlight - 1 / 2 A
Week 9 Thursday 3 December 9:15am	• Ms Vale • 'Student of the Week' Awards
Week 11 Friday 18 December TBC	• Last day of Term 4 • Christmas Carols • Time TBC

Research Primary School - The Update

Community, Confidence, Ambition, Respect

SCHOOL ADMINISTRATION

Dropping Children Off At School

Please be vigilant when dropping your children to school. If you are turning into Kanandah Court (the road to the side of the school), there may be little ones crossing the road, please slow down and pay attention.

There is parking available at school; in the lower carpark (below the school oval), in the top carpark (above the oval), and in the top overflow area through the trees. Please be courteous of other drivers and cars when parking at school.

Please do not use the Where We Grow carpark.

Attention Parent Helpers & Volunteers

Parent helpers & volunteers are welcomed throughout the year, whether it be as a classroom helper, volunteering for an excursion or helping out in the canteen.

Please be aware that it is a legal requirement for all parent helpers & volunteers to hold a current Working with Children Check and you must have read & signed our 'Parent Helpers Guidelines' document.

We cannot accept your offer of help without obtaining a copy of your WWCC Card and the signed guidelines.

All volunteers must sign in & out at the school office and wear a RPS lanyard while volunteering. This helps us to identify if someone is authorised to be on school grounds. **Please return your visitors lanyard to the office when you sign out.**

WWCC are free as a volunteer and worthwhile getting, just in case. The current turnaround time for WWCC applications is 3-12 weeks.

<https://service.vic.gov.au/services/working-with-children/home>



Sun Smart School

Students are required to wear a school hat for all outdoor activities at school including recess & lunch, PE and excursions.

Hats can be purchased from the office. \$12 for a bucket hat and \$16 for a wide brimmed hat.

Please make sure your child's hat is **clearly labelled**.



Scholastic Book Club

The latest issue of the Book Club Catalogue has been sent home. Please log in to The Loop through Scholastic to place your order. Orders are delivered to school and will be sent home with your child.

Orders close on October 25.

If you are ordering any books as a Christmas present, please note this on your order and they will be kept at the office for you to collect.

Unfortunately, cash can not be accepted for book club orders, orders must be placed and paid for online via the loop.

<https://www.scholastic.com.au/book-club/book-club-parents/>



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Bushfire and Community Safety Expo

The Nillumbik Bushfire and Community Safety Expo is a free, family-friendly event being held on Sunday 18 October 2026, from 10:00am to 2:00pm at Alistair Knox Park, Eltham.

The Expo will bring together emergency services, government agencies and community organisations to provide practical information on bushfire preparedness, severe weather, emergency planning, community wellbeing, e-bike safety and other topics that help keep our community safe and resilient. There will also be emergency vehicle displays, expert presentations, children's activities and food stalls.

Further information about the Expo is available on Nillumbik Council's website: [Nillumbik Bushfire and Community Safety Expo 2026](#).

SPORTS & PE UPDATES -Mr O'Halloran

There are plenty of exciting things happening in Sport and PE throughout Term 4!

Our superstar athletes will be competing at the Northern Metropolitan Region Track and Field Championships on Wednesday 14 October. We wish the following students the best of luck:

Elly – 1500m

Matilda – High Jump

Isla – 100m and 200m

Jack – Shot Put and Discus

Mia – 100m and 200m

Ivy – Hurdles



Interschool Sports

Our Interschool Sport Girls Basketball Team were crowned District Champions and will now compete at the Division Championships at Narrandjeri Stadium on Friday 16 October. Congratulations to the team and best of luck to Elsa, Elly, Mia, Scarlett, Pearl, Samantha, Olivia L and Charlotte!

Hoop Time Regionals

Our Boys Future Stars Basketball Team will also be in action, competing at the Hoop Time Regional Finals at Diamond Valley Sports & Fitness Centre on Thursday 22 October. Best of luck to Alex, Spencer, Thomas M, Owen, Cooper, Charlie and Lewis, and to their coach, Scarlett.

Swimming Program

Our Year 1/2 students will begin their swimming sessions at Eltham Swim School on Friday 16 October, while our Prep students will commence their program on Monday 26 October.

We are looking for parent helpers to assist our younger students with walking to and from the pool. If you are available to help, please ensure you have a current Working with Children Check Card and have read & signed the Parent Helper Guidelines document, available at the school office.

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Years 5 & 6 Bushfire Showcase

The 5/6s spent weeks working really hard in preparation for their Bushfire Showcase. Students worked in pairs creating posters, power-point presentations, dioramas and brochures which identified an issue around bushfire safety and provided a solution to the issue.

Not only did our 5/6's have all the support from our school, but they also received a special visit from our local Research CFA Volunteers who held a demonstration on how to protect themselves and others during a bushfire.

We are really proud of the effort our 5/6s put into this showcase. They blew everyone away with their confidence, knowledge and amazing attention to details when presenting their projects.

Ms Watts & Miss Hegan



RPS & Foodbank Victoria

We've officially begun working with Foodbank Victoria! Each classroom will receive a fruit box each week stocked with apples, bananas, pears, oranges and baby carrots. We will also have lunch supplies provided as well as a number of Take-Home Food Packs available to families who would find these helpful.

The Take-Home Food Packs are located in the entranceway of the Junior Years building and also in the office entranceway. Please feel free to take one if and when needed, no need to let us know

Alternatively, if you would benefit from this pack on a more consistent basis, please reach out to our Wellbeing Leader - Yvette at yvette.egonidis@education.vic.gov.au and we can arrange this.

For more information about the incredible work Foodbank Victoria do, please use this link <https://www.foodbank.org.au/vic/>



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International Dot Day Buddy Activity

September 15 was International Dot Day! A day celebrated each year, inspired by Peter H. Reynolds children's book 'The Dot.' International Dot Day aims to encourage people of all ages to explore their creativity, courage and collaboration.

Students across the school read the book 'The Dot' by Peter H. Reynolds and spoke about the message behind it- sometimes the first step is the hardest and with some encouragement you can try anything!

Following the story students collaborated together with drawing materials, using a dot as a 'first step' in creating a picture together. They also wrote an encouraging message on their picture.



What's new around the school

We are excited to share that our school received some exciting upgrades over the school holidays.

We were fortunate enough to have some beautiful outdoor decorative screens donated to the school. These have been installed to improve the slippery slope near the Junior Years building. Our Senior Years classroom area has had some landscaping done and our Junior Years toilet block has had some improvements made following school community feedback.



Whole School Community Day

Friday 6 November will be a whole school Indigenous Cultural Day. We will have three First Nations educators leading exciting activities for the students including Indigenous Dance, Didgeridoo, Artefacts & Storytelling and Indigenous Jewellery Making.

The incursion has been generously funded through a donation to the school. What a lovely contribution, we are so grateful!



Dates for your diary...

Don't miss our latest updates

October	Term 4 2026
Monday 12	PMP begins for Preps
Wednesday 14	Regional Athletics at Meadowglen International Athletics Stadium
Friday 16	- Preps Pevan & Sarah excursion - ISS Girls Basketball Division Championships - Years 1 & 2 swimming program begins
Thursday 22	Hoop Time Regional Finals for Boys Future Stars
Monday 26	Preps swimming program begins
Wednesday 28	SRC's & Whole School Photo
Friday 30	Year 1 / 2 'Create It' Incursion
November	
Monday 2	Curriculum Day (no students at school)
Tuesday 3	Melbourne Cup (public holiday)
Friday 6	Whole School Community Day
Monday 9	Smile Squad Dental Van visit begins (opt-in free prgram)
Wednesday 18	Keyboard Concert
December	
Tuesday 8	- Preps to Year 5 Step Up Day - Year 6 to Year 7 Transition Day
Thursday 10	Year 6 Graduation
Friday 11	Curriculum Day (no students at school)
Monday 14	Year 6 Silent Disco
Tuesday 15	Years 3 & 4 La Trobe Uni end of year excursion
Wednesday 16	Years 5 & 6 Funfields excursion
Friday 18	- Last day of Term 4. Finish 1:30pm - Christmas Carols - Assembly TBC
January	Term 1 2027
Thursday 28	Term 1 2027 begins - Preps to Year 6

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Children's Week 2026

Family fun day

Wednesday 28 October
10am-2pm

Edendale Community
Environment Farm

- Get creative in the cultural craft corner
- Play Bird Bingo on the farm
- Meet local Fire Rescue Victoria and police crews and explore their vehicles
- Play a round of portable golf
- Experience tai chi and traditional dance by the Chinese Seniors Association

Other Children's Week activities in Nillumbik:

Toddler story time at
Diamond Valley Library:
Tuesday 27 October

Preschool story time at
Eltham Library:
Friday 30 October

Explore events, plan your
week and book your spot
(where applicable) at:

[nillumbik.vic.gov.au/
childrens-week](https://nillumbik.vic.gov.au/childrens-week)



Scan the QR code to
explore our events or
visit [nillumbik.vic.gov.
au/childrens-week](https://nillumbik.vic.gov.au/childrens-week)



Eltham High School Fete & Open Day Rides



Rides include:

- Dodgem Cars
- Cyclone
- Cup and Saucer
- Cha-Cha
- Atomic Drop Slide
- Mega X-Treme Obstacle Course
- Trackless Train



**PRE ORDER YOUR UNLIMITED RIDE WRISTBANDS NOW!
USE OUR LINK BELOW OR SCAN OUR QR CODE**

PRE ORDER - EARLY BIRD \$50

ON THE DAY \$55

INDIVIDUAL RIDE TICKETS ALSO AVAILABLE ON THE DAY

[HTTPS://WWW.TRYBOOKING.COM/AU/Event/1644947](https://www.trybooking.com/AU/Event/1644947)

30-60 Withers Way
Eltham 3095



10 AM - 3 PM | 11 OCTOBER 2026 | FREE ENTRY

RESEARCH TENNIS CLUB

Join Research Tennis Club

Tennis, pickleball, coaching and community in the heart of Nillumbik

Looking for a friendly local club where you can play, learn and connect? Set among the trees off Main Road in Research Park, Research Tennis Club welcomes players of all ages and abilities.

With more than 200 members, six synthetic grass courts, LED lighting for night games, a well-equipped clubhouse and ample free parking, the club is a great place to enjoy tennis year-round. Pickleball is also growing quickly at the club, offering a fun, accessible option for all generations.

Affordable membership packages are available for families, juniors, adults and concession members. The club is well represented in local competitions across a range of playing levels. Tennis Australia accredited coaching is also available through Topline Tennis.

www.researchtennis.com.au

Research Tennis Club 1459 Main Road, Research VIC 3108

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BlueLight

PROUDLY RUN BY LOCAL
POLICE & VOLUNTEERS

16TH
OCT

DIAMOND CREEK
BlueLight Disco

7 - 9.30PM | 8 to 13 YRS | \$8 ENTRY

Diamond Creek Community Centre
28 Main Hurstbridge Road, Diamond Creek
Contact: Diamond Creek Police 9438 8300

NO EFTPOS AVAILABLE

Diamond Creek Blue Light Disco
 DIAMONDCREEKBLUELIGHTDISCO

Please ensure children have an emergency number on them.



Research
EST. 1955
LOWER PLENTY BASEBALL CLUB

**JUNIOR
BASEBALL**

Join us at Research Lower Plenty Baseball Club and play Junior Baseball. New Player's and current welcome.
Training:
Tuesday 6-7:30pm ages 15-16 or
Wednesday 6-7:30pm ages 9-14
Use QR CODE to register.

Sunday Mornings
Glenauburn Park

Ages 9-16
Any gender allowed as mixed teams.
Everyone is welcome to come to the season opener - Tuesday Sept 8 from 6pm
Information session to follow
(T-Ball separate)




Research
EST. 1955
LOWER PLENTY BASEBALL CLUB

FRIDAY NIGHT T-BALL
STARTING 9TH OCTOBER
5:45PM - 7PM AGES 5-9 YEARS

COST - \$70
GLENAUBURN PARK
2 CAVANAGH ROAD, LOWER PLENTY
CONTACT CHRIS FISHER -0407 858 629
rlpbc@outlook.com



Scan QR Code
to register

NEW PLAYERS RECEIVE A FREE TOP AND CAP



Be Well
Nourishment
Family Nutrition

**Helping your child
feel confident
around food.**

Practical, evidence-informed support for picky eating, selective eating and expanding diets.

Less mealtime stress. More variety. Happier, healthier kids.

Are these common mealtime challenges for your child?
You're not alone. Many primary school children experience:

 PICKY OR SELECTIVE EATING Eats the same few foods, avoids new foods or has a very limited diet.	 LUNCHBOX STRUGGLES Unsure what to pack, foods coming home uneaten or worries about what they will actually eat.	 LOW APPETITE AT SCHOOL Eats little at school and is very hungry after school or only grazes throughout the day.	 AUTISM, ADHD AND FOOD Sensory sensitivities, strong food preferences, rigid eating patterns or anxiety around new foods.	 MEALTIME STRESS AT HOME Mealtimes can be challenging, with worry, pressure, negotiations or refusal to try foods.
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It doesn't have to be this hard. Small steps can lead to big changes.

How I can support you and your child

 1:1 FEEDING THERAPY & NUTRITION SUPPORT Individualised support to build food confidence, expand diets and create positive mealtimes.	 TELEHEALTH APPOINTMENTS Flexible online support from the comfort of home, with the same practical, personalised strategies.	 PARENT COACHING & GUIDANCE Practical tools, meal planning, food chaining and strategies to support mealtimes at home and school.	 MEAL PLANS, RECIPES & RESOURCES Easy, family-friendly meal ideas, lunchbox options and resources to help introduce new foods and build variety.
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Let's make mealtimes easier together.

Scan the QR code or visit my website:
www.bewellnourishment.com



- More variety and confidence with food
- Less stress at mealtimes
- Happier, healthier children
- Stronger family connections